

# UBUNGANI CHECK LIST

## MESS KIT

- Plate
- Cereal Bowl
- Mug
- Knife, Fork & Spoon

Additional:

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## SLEEPING GEAR

- Sleeping Bag
- Pillow and Pillowcase
- NB Warm Blanket in Winter

Additional:

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## TOILETRIES

- Towel
- Soap & Other personal toiletries

Additional:

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## CLOTHING

- Hat
- Shorts & T-shirts
- Windbreaker/Jacket
- Socks
- Closed Walking Shoes
- Strops/Sandals/Rockies
- Swim Suit
- Light Weight Raincoat
- Tracksuit
- Old clothes for Mud fight

Additional:

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## DAILY REQUIREMENT

- 3x Face Masks daily (clean)
- Pocket Hand Sanitizer
- 1 liter Water bottle with carry strap
- Sunscreen
- Note Book & Pencil
- Torch & Batteries
- Insect Repellant for ticks & mosquitoes
- Camera (optional)
- Binoculars (optional)

Additional:

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\* Please take note that Ubungani Officers can not take responsibility for expensive equipment that is brought by participants

\* NB As you are here in the wilderness to enjoy and absorb it, you are requested not to bring your Computer games, Tablets and cell phones.

**THANK YOU VERY MUCH FOR YOUR CO-OPERATION.**